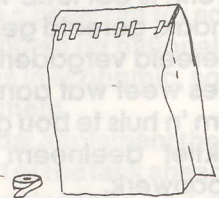
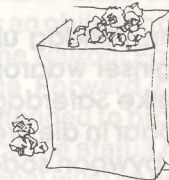
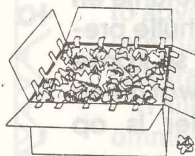
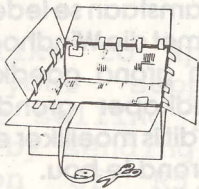
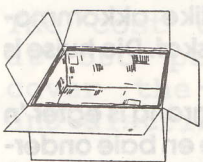


WONDERKAS

BOX

Hoe om die wonderkas te maak:

How to make the wonderbox:



How to use the wonderbox:

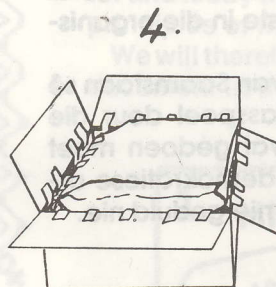
Hoe om die wonderkas te gebruik:



1.

Heat your food on the stove or fire until it boils.

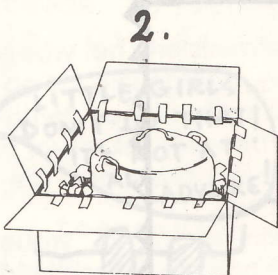
Verhit jou kos op die oond of vuur totdat dit kook.



4.

Put the paper bag filled with newspaper balls on top and close the wonderbox.

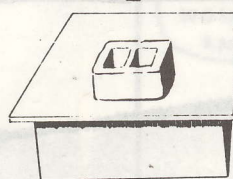
Sit die papiersak vol opgevrommelde koerantpapier op die pot en maak die wonderkas toe.



2.

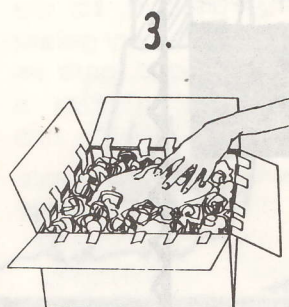
Put the pot of food in the wonderbox.

Sit die pot kos in die wonderkas.



5.

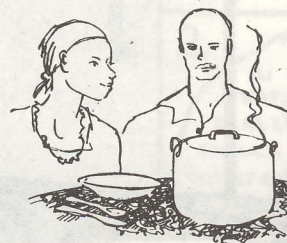
Put something heavy on the lid to keep it tightly closed.



3.

Make sure that there are balls of newspaper under the pot. Pack more balls of newspaper tightly around the pot.

Maak seker dat daar opgevrommelde koerantpapier onder die pot is. Pak meer koerantpapier orals rondom die pot.



6.

Sit iets wat swaar is op die wonderkas sodat dit dig toe bly.

After 3-5 hours the food is ready. (Experiment with rice, vegetables and meat.)

Na 3-5 uur is die kos gaar. (Toets met rys, groente en vleis.)