

ndikale itadilinyenge, ndele  
nadi lundululwe no mwenyo.

Ohamba Elifas Okwapula  
Oomwene vomikunda opo  
vaninge Omaluduluko  
eshivike ko vanhu  
moitopolwa. Noho  
Okwaifana eeladio, oyifo  
nomahangano.

Momudingonoka opo  
vavatele okuudifako omiindi  
ngonoko ndikale ndishishi.

Nande ongaho elunduluko  
eli otalikalelepo oule  
moinakuningwapo fiyo  
ehulilo lokatongotongo  
linasha novakainhu no  
kweeta emhango  
ndomifyuululwa kalo  
melandulafano pamwe  
nekotamango la Namibia,  
shihapu oshapumbiwa  
okulongwa.

Eemhango ndihapu  
ndomifyuululwakalo ova  
kulukadi otavamono iihuna  
nashitalikeko nawa neshivo  
nawa kutya ovakainhu na  
vatalikeko vefike pamwe  
novalumenhu koshi  
yomhango ongaashi  
tashimonikwa nana.

## WIN A BOOK

If you answer the question  
below you could be in line to  
win a wonderful book.  
Who is the author of *Nervous  
Conditions*?

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Send your entry to:  
Sister Collective  
Book Competition  
PO Box 40092, Windhoek  
(The competition is open only to  
people living in Southern Africa.)

# A new initiation song

on this day that  
you become our  
blood sister we  
bring our life experience to you  
our daughter

know that your  
black skin and your  
crinkly hair  
identify you as an  
equal member of  
the human race

remember that  
marriage and motherhood  
are always a choice  
and that you have  
the right to change  
your mind in  
whatever situation

your hands are made  
to do plumbing  
and carpentry  
or fine surgeon's work  
remember that housework  
always has to be shared  
by your partner

your skin is to  
feel the touch of  
the sun, water and love  
it's yours  
for no-one to touch without  
your permission

love who you want  
wildly and with passion  
but protect yourself  
carefully  
from violence and AIDS

train your legs  
to run swiftly  
in soccer or netball  
and to kick hard  
into the groin  
of a dangerous attacker

your mouth is  
for eating good food  
for loud shouting and laughter  
and for speaking your mind

your brain is designed  
to solve the world's problems  
to enjoy science and mathematics  
and to know what you want

when the grey hairs  
and wrinkles come  
know that the doors of  
calm wisdom  
have been opened for you

*Elizabeth /Khaxas*