

# 1999

## New Year's around the corner!

By Nillian Mulemi

Soon Christmas will have come and gone. After the big meals and the parties, it will be time to plan for 1999. What New Year's resolutions should you make for the last year of this millennium? I have some suggestions for you.

- ▼ Prioritise what you would like to do and plan for the whole year. For example, is it more important to buy a microwave oven or to learn to drive?
- ▼ Save some money for a rainy day, say N\$50 every month. If you had an end of year bonus, invest it.
- ▼ Are you bored with your job? Why not have a

change? Look at the advertisements in the newspaper, go to a job agency or start your own business.

- ▼ Learn a new skill. What about taking computer classes, following a correspondence course or learning a new language?
- ▼ Give yourself a new image. Buy some new clothes or change the look of last year's outfit with different accessories.
- ▼ Make sure you take care of your health. Work out a diet with lots of fresh fruit and vegetables. Organise an exercise programme and follow it regularly.
- ▼ Brighten up your love life. If you are single, get involved in a long lasting relationship. If you are married, why not take up a new hobby with your husband?
- ▼ Is your house looking dull? Buy some new pictures to put on the walls or make some colourful cushions for the sofa.
- ▼ Remember all those old friends you haven't seen for ages? Visit them or give them a call. You will be amazed by the stories they have to tell.
- ▼ Keep a diary. Read it at the end of the year to assess your achievements.



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